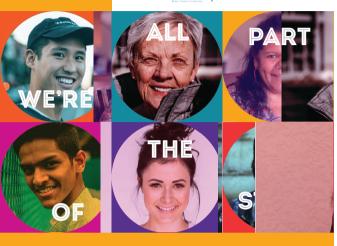


## ARMADALE ALIVE





#### **NOMINATE NOW!**

If you know someone, or a group, doing great things in our community, nominate them for a 2023 Australia Day Award.

citizenshipawards.com.au Nominations close: 31 October 2022





Australia Day Council of Western Austr



## PROPOSED PARK IMPROVEMENTS

We're seeking your feedback on proposed improvements to seven local parks.

Tell us what you would like to see in the parks now and in the future.

Collect a hard copy survey at one of our libraries, or visit the City's website to complete an online survey armadale.wa.gov.au/public-notices-out-comment



Find out how to hire a blender bike and make your next event active and healthier!

The bikes are available throughout the year for community organisation's, schools and sporting clubs who wish to create pedal powered smoothies to raise funds for their group.

For further details contact 9394 5000 or email info@armadale.wa.gov.au



# USING FOOD AS MEDICINE TO SUPPORT MENTAL HEALTH & WELLBEING



#### **WEDNESDAY 28 SEPTEMBER**

#### Armadale Library | 6 - 7pm

Join us for a FREE nutrition workshop and learn how you can take charge of your health with good nutrition!

For information and to register visit armadale.wa.gov.au



# COMMUNITY GRANTS AVAILABLE NOW!

Calling all sporting clubs, school P&Cs, community groups and not-for-profits.

Community grants from \$1,000 to \$5,000 are now available for projects, events or equipment that will benefit the local community.

Before applying groups must discuss their project with a member of the Community Development team.

Email info@armadale.wa.gov.au or call 9394 5638 by Tuesday 27 September to register your interest.



### A VERGE TREE FOR FREE!

Residents can request a street tree for the verge adjoining their property as part of the City's Street Tree Planting Program.

The City aims to create a 'boulevard effect' by planting the same type of tree within each street, however specific species requests are considered based on local conditions, climate and strategies.

For further details visit armadale.wa.gov.au/how-city-can-help Applications close November.