

My Draft Operational Plan is: -

Timings: - 7.30am to 5.30pm Monday to Friday

Children: - 5 (2= School Going, 3 Preschool Children

Daily Routine

TIME	ACTIVITIES
7:30-8:00	Welcome, settling time & hand washing including brush the teeth
7:45-8:10	Breakfast time, Milk time, water time, hand wash
8:10-8:45	Planning for the day, mat time e.g. songs. Story time, interaction with each other, yoga and warm up time, tummy time etc.,
8:45-9:45	Free Play e.g. exploring environment, nature walk outdoor play etc., according to weather
9:45-9:55	Hand Washing and getting ready for morning tea or snacks
9:55-10.15	Morning tea or Snacks and helping educator to serve or help yourself including, drinking water or fresh juice, table chit-chat, expressing ourselves and hand washing time
10:15-11:00	Indoor activities, art and craft time, music playing time, wood blocks buildings shapes, drawing, some more activities in yoga to relax body and mind, Drinking water
11:00-12:15	Free play, Clean-up or tidy up time and cooking activities, helping educator to table ready to serve Lunch
12:15-1:00	Hand wash, settling for lunch and lunch time and drinking water or fresh juice
1:00-1:30	Cleaning time, hand washing, brushing teeth
1:30-2:30 or bit more	Nap time, Rest time (Nap time will be considered according to activities done by day and weather hot or cold etc.,) sometime children need Nap, e.g. winter days are shorter, and children do not want to take Nap comparatively summer days
2:30-3:00	Hand washing, packing bedding if needed or making bed and getting ready for afternoon tea
3:00-3:30	Afternoon tea, healthy snacks, water, or milk time,
3:00-4:00	Reading books, Art, and craft, play dough, sitting and interacting, role model Play etc.,
4:00-5:00	Outdoor Play in dense shade, considering the weather, drinking water
5:00-5:30	Tidy up time, packing bags and washing hands and face, combing hairs and ready for home
5:30	Give a hug to Educator and hug to mom or dad and its home time