



Cultivating Gratefulness

Drawing on inspiration from the worldwide Gratefulness Gathering Network, each month we'll meet and explore the cultivation of gratefulness.


For the first few months these gatherings will be facilitated by Befriend's Community Enrichment Facilitator with the view to inspiring a community member/s, to take the lead and make this a long term, sustainable, welcoming and nurturing community gathering.

Tuesdays, 2 - 3.30pm at Armadale Library

6 February	27 February	16 April
14 May	11 June	

Bookings are essential for each session, and can be made a month from the event date. Visit library.armadale.wa.gov.au or call **9394 5125**.



 library.armadale.wa.gov.au
 Armadale Library | (08) 9394 5125
 Kelmescott Library | (08) 9394 5810
 Seville Grove Library | (08) 9394 5800

