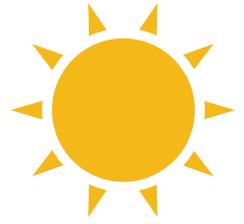


# Community Health and Wellbeing Plan 2021–2024

## Summary





## Acknowledgement of Country

The City of Armadale acknowledges the Traditional Owners and Custodians of the land upon which we stand, work and play.

We acknowledge the Aboriginal People as the First Nation People and their connection to the land and waters, as the land and waters are a part of them; spiritually and culturally.

We acknowledge their ancestors, the Elders past and present, who have led the way for us to follow in their footsteps.

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# 1.0 Message from the Mayor

I'm pleased to present to you the City of Armadale's Community Health and Wellbeing Plan 2021–2024 (CHWP).

The plan is a three year strategic document and is the leading mechanism that provides a framework to achieve our vision for our residents to enjoy the highest attainable standards of good health, wellbeing and participation at every age.

As a local government, we have a responsibility to assist our community in creating healthier lifestyles. This public health plan sets out a comprehensive approach to deliver improved public health and wellbeing outcomes for all people living in our growing community.

Our role in improving community health and wellbeing is diverse. From the infrastructure we build to encourage active lifestyles, to health education, waste management and safer communities for all.

After feedback from our community, we've created a Community Health and Wellbeing Plan which aligns with our Strategic Community Plan, to help shape the future of the City of Armadale.

The CHWP identifies three areas:

- Chronic disease prevention
- Environmental health protection
- Aboriginal and Torres Strait Islander health and wellbeing

This plan is the culmination of data collection from previous health plan reviews, feedback from the community and staff, working groups and stakeholder consultation. From this data, we've identified strategies, actions and priorities which will help guide and drive day-to-day business at the City of Armadale.

Implementation of the Community Health and Wellbeing Plan will be a lengthy process, but will build upon the achievements of previous plans and lead to the improved health and wellbeing of our community.

By working together in tandem with our community, I'm confident we can create a healthy future for all who reside or work within the City of Armadale.

Mayor Ruth Butterfield  
**City of Armadale**

## Acknowledgements

The City of Armadale would like to acknowledge all the input and support provided by internal and external individuals and organisations in the development of the Community Health and Wellbeing Plan 2021–2024.

This is a shortened version of the plan. For the full plan, visit our website at [www.armadale.wa.gov.au](http://www.armadale.wa.gov.au) or contact the City directly on 08 9394 5000 or at [info@armadale.wa.gov.au](mailto:info@armadale.wa.gov.au).

As a local government,  
we have a responsibility  
to assist our community  
in creating healthier  
lifestyles.



## 2.0 Introduction

The purpose of the Community Health and Wellbeing Plan 2021–2024 (CHWP) is to contribute to improving health and wellbeing outcomes for City of Armadale residents to enable people to live well and experience the best possible quality of life. The City of Armadale is committed to providing a healthy, happy, safe and sustainable environment for all.

The City of Armadale has previously prepared a Public Health and Wellbeing Plan 2014–2017, in line with past recommendations from the *WA Public Health Bill 2008* to improve the health and wellbeing of the community.

In July 2019, the WA Department of Health released the State Public Health Plan for Western Australia: Objectives and Policy Priorities for 2019–2024 (WA Plan). This WA Plan provides guidance to State and Local Governments and other public health partners on how to work together to contribute towards influencing the health and wellbeing of all Western Australians. This WA Plan coincides with the amendment (Part 5) to the *Public Health Act 2016*, to make public health plans mandatory for every local government in WA. In the future, Part 5 of the *Public Health Act 2016* will be legislated and will support and drive ongoing improvements to the health and wellbeing of local communities.

The CHWP has been developed to align with the *Public Health Act 2016* and the WA Plan. Extensive community, stakeholder and staff consultation has supported the City to identify 13 strategies and 48 action statements to improve community health and wellbeing.

These strategies and action statements fall under three primary objectives of the CHWP, being:

1. Prevent chronic disease through empowering and enabling people to live healthy lives
2. Provide environmental health protection for the community
3. Improve and maintain Aboriginal and Torres Strait Islander health and wellbeing

The Community Health and Wellbeing Plan acts as an informing strategy to the City of Armadale's Strategic Community Plan, meeting the State Government's Local Government Integrated and Reporting Framework requirement. The Strategic Community Plan is a blueprint for the future direction of the City of Armadale and its community.

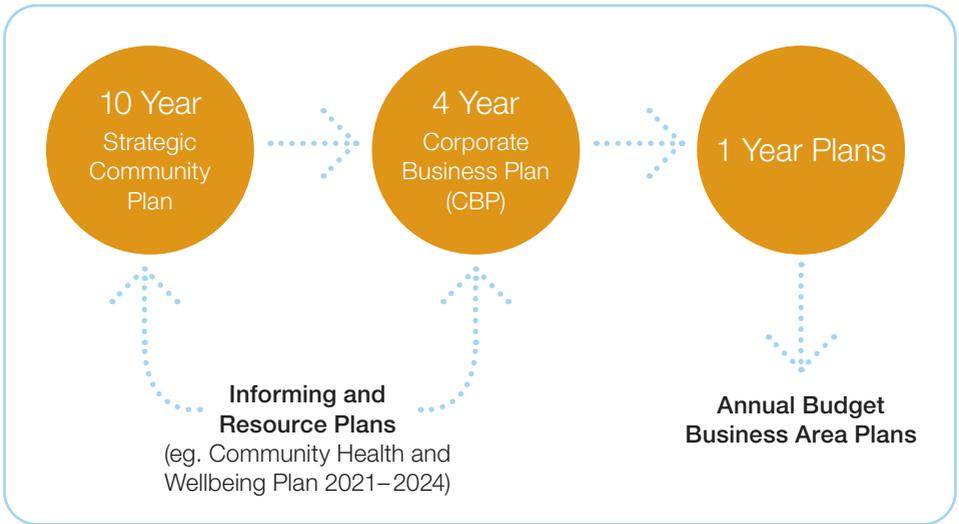


Figure 1: City of Armadale Integrated Planning Framework

# 3.0 Health and Wellbeing in the City of Armadale

## Demographics

- The City of Armadale is growing at a rapid pace with the current estimated 2021 population at 97,705<sup>1</sup>. ID Forecast estimates the population will reach 151,896 by 2041.
- 18.7% of people speak a language other than English at home whilst 75.1% speak only English at home (6.3% did not specify what language they spoke at home)
- 2.6% of the population identify as Aboriginal and/or Torres Strait Islander

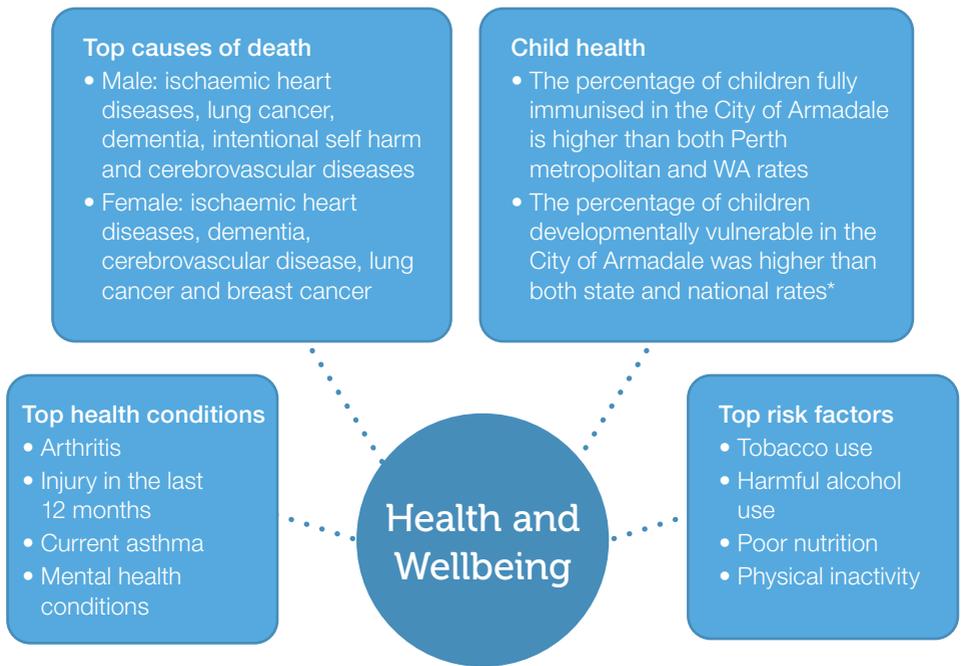


Figure 2: At a glance – Community health and wellbeing in the City of Armadale<sup>2</sup>.

<sup>1</sup> ID Forecast (2021). *City of Armadale population forecast*. Retrieved from: <https://forecast.id.com.au/armadale>

<sup>2</sup> East Metropolitan Health Service (2019). *City of Armadale Community Health Profile 2019*. East Metropolitan Health Service, Department of Health, Perth WA.

\* The Australian Early Development Census measures child development using five domains (Physical, Social, Emotional, Language and Communication). There are also two categories which measure how many domains children are vulnerable in which are titled Vulnerable 1 (vulnerable in one or more domain/s) and Vulnerable 2 (vulnerable in two or more domains). Children living in the City of Armadale were higher in these categories, Vulnerable 1 and Vulnerable 2, than both state and national averages.

## 4.0 Developing the City's Community Health and Wellbeing Plan

An internal working group was formed to assist with the development of the City's Community Health and Wellbeing Plan.

With guidance from this working group, the Community Health and Wellbeing Plan 2021–2024 was developed through extensive community, stakeholder and staff engagement and consultation, data analysis and, strategic and state alignment.

- A desktop review of City documents and key state level documents was undertaken in addition to reviewing local health data and demographics.
- Community engagement for the Community Health and Wellbeing Survey 2020, ran from the 1 October–30 November 2020 which has been used to inform this plan.
  - 1,047 valid survey responses were collected either online or by hard copy surveys.
  - Consultation was undertaken with local Aboriginal Elders through a yarning session.
  - 38 young children were consulted at a Children's Week event and at a local school event.
  - The City's Access and Inclusion Reference Group (previously the Disability and Access Inclusion Reference Group) were consulted during a regular group meeting
  - 19 external stakeholder organisation's were consulted through:
    - A workshop facilitated by Public Health Advocacy Institute of WA and Joel Levin from Aha! Consulting
    - Follow up meetings
  - 147 City of Armadale staff completed the Staff Health and Wellbeing Survey
- Community, staff and stakeholder data and feedback was collated, compared and analysed.
- Strategies, action and priorities were developed in response to the data received along with the recommendations in the State Public Health Plan for Western Australian 2019–2024.
- The draft Community Health and Wellbeing Plan 2021–2024 was developed and peer reviewed by Stoneham and Associates.
- The Community Health and Wellbeing Plan 2021–2024 was adopted by Council on 23 August 2021.

## 4.1 What did the community say?

1,047

survey responses  
were collected



Within the City of Armadale, what do you see as the key health concerns for you and your community?

Top Areas:

1

Illicit  
drug use

2

Unsafe  
community

3

Pool mental  
health

Thinking about the City of Armadale, how important are the following areas to the health of you and your community?

Top Areas:

1

Feeling safe in  
the community

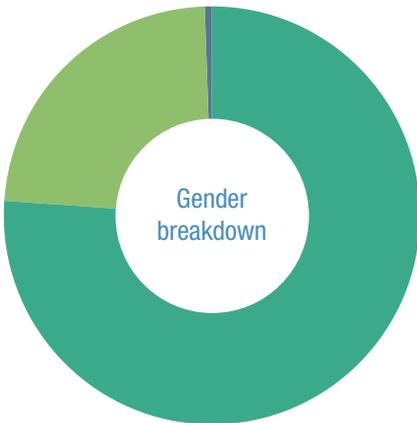
2

Recreation  
facilities

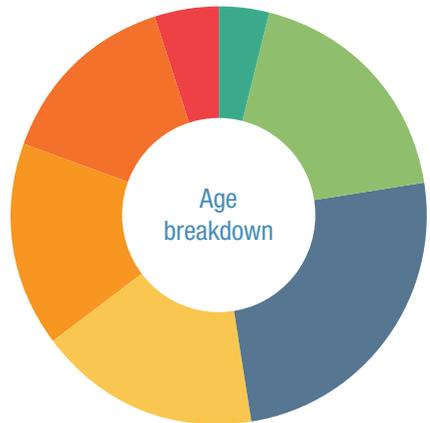
3

Walking and  
cycling paths

Note: The above data has been weighted. A respondents first choice is weighted 3, a second choice is weighted 2; and the third choice is weighted 1.

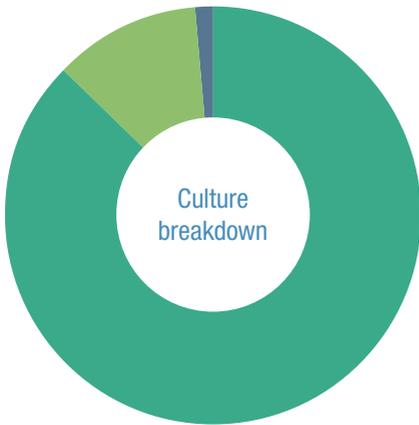
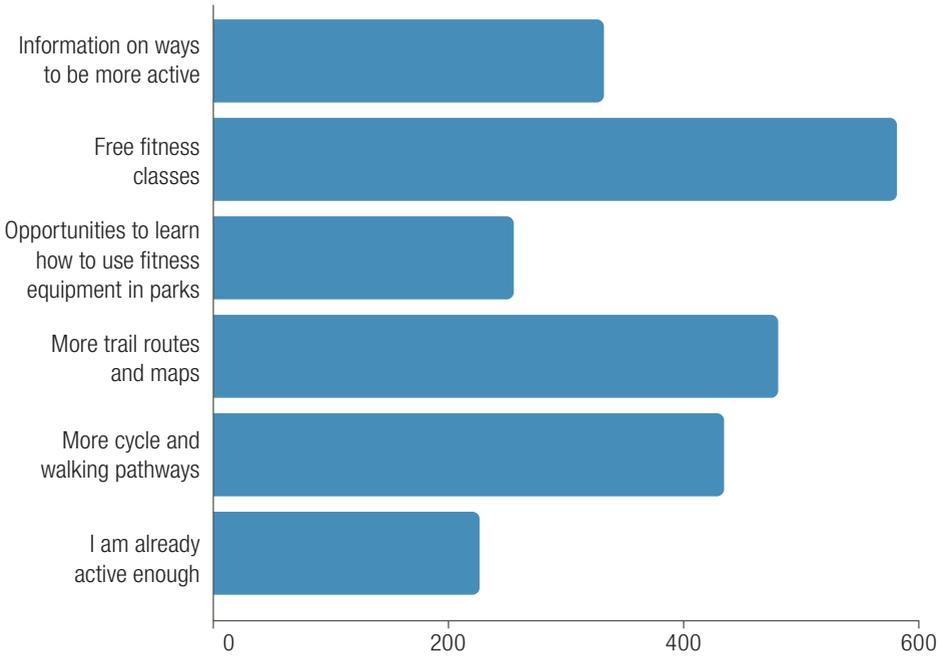


● Male: 23.9% ● Female: 75.9%  
● Other: 0.2%



● 18-24: 4% ● 25-34: 18.6% ● 35-44: 24.8%  
● 45-54: 17.4% ● 55-64: 15.8% ● 65-74: 14.6%  
● 75+: 4.8%

## What could encourage you to be more active?



● CaLD: 11.4% ● I only speak English at home: 87.4%  
● ATSI: 1.2%

Note: ATSI = Aboriginal and Torres Strait Islander.  
CaLD = Culturally and Linguistically Diverse

## What stops you from being more active?

The most common answers included:

- Lack of time
- Cost of gym membership/ activities
- Lack of motivation
- Feel unsafe in public areas
- Lack of footpaths and cycle paths
- Lack of facilities
- Personal illness/injury
- Family requirements
- Unsure of what to do/how to use equipment
- Limited hours of operation

## What could help you to make healthier food choices?

More affordable healthy food	52.0%
Knowledge of quick ways to prepare healthy meals	41.0%
More availability of healthy foods	29.6%
I already eat enough healthy foods	29.0%
Less unhealthy food advertising	26.6%
Healthier food options at sporting and community clubs	26.1%
Information on how to cook healthy meals	24.2%
Knowledge on how to understand food labels	23.8%
Information to help me decide which foods are healthy	16.4%

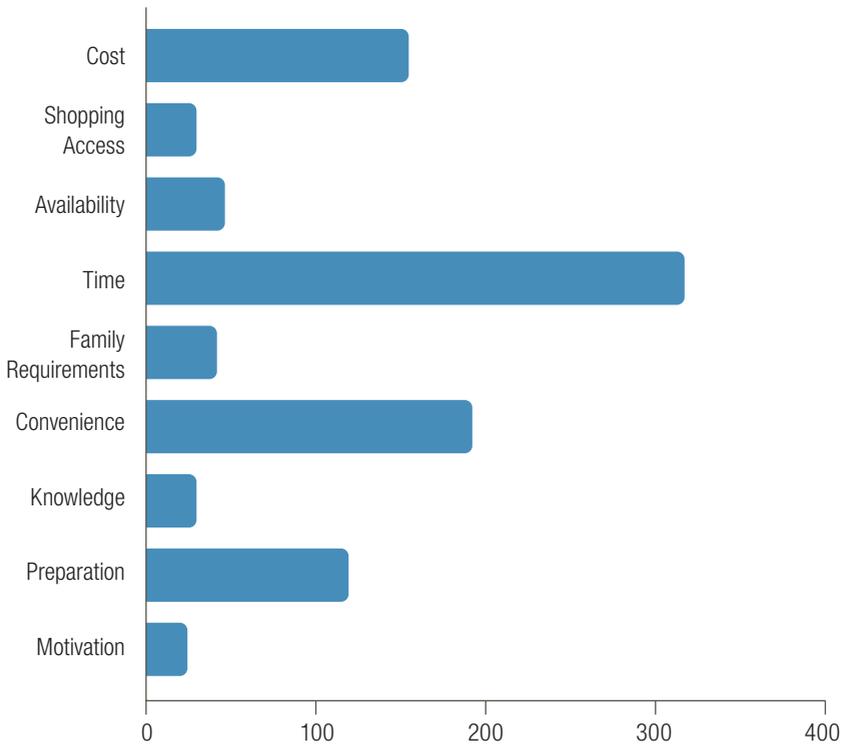
## How do you think the City of Armadale can support the community to reduce harmful drinking and smoking?

More smoke free City owned spaces and facilities	65.3%
More alcohol free City owned spaces and facilities	52.0%
Less alcohol advertising	49.0%
Provide information about alcohol drinking and your health	37.8%
Provide information about smoking and your health	34.8%

A more detailed version of these results is available in the Community Health and Wellbeing Survey Project 2020 – Community Engagement Results publication on the City’s website at [www.armadale.wa.gov.au](http://www.armadale.wa.gov.au)



## What stops you from eating healthier foods?





## 5.0 Implementation, Evaluation and Review

Implementation and monitoring of the Community Health and Wellbeing Plan 2021 – 2024 will be overseen by the City of Armadale's Health Services Department and will be supported by the execution of actions by relevant departments and senior management across the City of Armadale.

An annual review will be scheduled to monitor the implementation of the Plan to ensure:

- Implementation is progressing to schedule
- Actions are producing the anticipated outcomes
- Needs and demographics of the City are contemporary
- Required adjustments and amendments to the Community Health and Wellbeing Plan 2021–2024 to meet any change in community need, budgeting and resourcing

Findings from the annual review of the Community Health and Wellbeing Plan 2021–2024 will be circulated across the City to the internal departments, community and key stakeholder organisations at the conclusion of each reporting period.

In 2024, in line with the *Public Health Act 2016*, a full outcome evaluation will be undertaken and a new three year plan established, or prior to if required, when Part 5 of the *Public Health Act 2016* is enacted.

## 6.0 Action Plan

### Objective 1: Prevent chronic disease through empowering and enabling people to live healthy lives.

**Strategy: Increase opportunities and support available for residents to incorporate healthier food choices into their lifestyles.**

Action	Expected outcome
Link with appropriate local, state and federal health promotion bodies/ campaigns to increase community awareness of health risks and opportunities to adopt healthy lifestyles.	<ul style="list-style-type: none"> <li>Partnerships established with key organisations to locally administer campaigns/initiatives.</li> <li>Initiatives implemented to meet identified community need and messages promoted through appropriate City mechanisms.</li> </ul>
Support local schools to implement initiatives that promote healthy eating and physical activity.	<ul style="list-style-type: none"> <li>Assist public schools Parents' &amp; Citizens' Associations servicing vulnerable populations to provide children with a healthy meal to support their learning and education.</li> <li>Aim to reduce traffic related issues at new schools within the City and encourage incorporating daily physical activity by supporting schools to sign up to the Department of Transport's Your Move program.</li> <li>Local schools linked with WA School Canteen Association (WASCA) and providing healthy food options to young children.</li> <li>Work with external providers to implement food access and literacy activities and programs, as requested (e.g. school breakfast programs/crunch and sip in identified schools).</li> <li>Prioritise co-locating new schools with Public Open Space (POS) to encourage physical activity in children and shared use.</li> </ul>
Support and encourage residents to incorporate healthier food choices into their diet.	<ul style="list-style-type: none"> <li>External funding secured through grants and partnership development to deliver nutritional literacy activities and programs.</li> </ul>
Investigate the feasibility of conducting an audit of local food business menus registered within the City of Armadale to provide nutritional recommendations and guidance to encourage the inclusion of healthy menu options.	<ul style="list-style-type: none"> <li>Contingent on external funding, provide opportunities for residents, staff and visitors to easily select healthy options when eating at local businesses.</li> </ul>
Develop a healthy catering policy to increase access and availability of healthy food and drink options and choices for City meetings, venues, events and community activities.	<ul style="list-style-type: none"> <li>Catering policy is advertised for public comment and adopted by Council, raising awareness of the City's commitments to supporting healthy lifestyles.</li> </ul>
Support the establishment of sustainable community fresh food initiatives.	<ul style="list-style-type: none"> <li>Community garden policy considered for amendment to include criteria of verge gardens.</li> <li>Contingent on external funding, build capacity among residents by providing resources and skills to install and maintain verge gardens to provide healthy and affordable food.</li> </ul>



**Strategy: Increase opportunities and support available for residents to lead active lifestyles.**

Action	Expected outcome
Support and encourage residents to participate in physical activity.	<ul style="list-style-type: none"> <li>• External funding secured through grants and partnership development to deliver physical activity events and programs.</li> <li>• Investigate feasibility of designing maps of parks and reserves facilities, outdoor fitness equipment, cycle paths and trails within the City to assist in promoting physical activity.</li> <li>• Coordinate use of facilities and establish partnerships with key organisations to offer low cost and/or free physical activity programs to encourage residents to live active lifestyles.</li> </ul>
Develop the Integrated Transport Strategy with inclusions to support active transport in the community through upgrading and connecting footpaths and cycle paths and encouraging public transport.	<ul style="list-style-type: none"> <li>• External funding secured through grants and partnership development to support upgrades to infrastructure and initiatives that encourage active transport through the use of local footpaths and cycle paths.</li> </ul>
Integrate health and wellbeing components into the designing of new and upgraded facilities.	<ul style="list-style-type: none"> <li>• New and upgraded facilities are designed to include features that support and promote active transport arrival, shade provision and have an inclusive and accessible design.</li> </ul>
Deliver key community and sporting projects throughout the City to encourage spaces and places where community meet, share resources and are able to build proud, strong and healthy local communities.	<ul style="list-style-type: none"> <li>• Deliver the upgrades and developments to provide sporting and community facilities in line with community need.</li> </ul>



**Strategy: Assist in the minimisation of the harm associated with tobacco smoking and alcohol use to mitigate public health impacts.**

Action	Expected outcome
Promote smoking cessation initiatives locally to encourage residents to give up smoking.	<ul style="list-style-type: none"> <li>Establish partnerships with local stakeholders to offer smoking cessation initiatives and programs.</li> </ul>
Advocate for appropriate management of liquor outlets to influence the decisions of these outlets and the accessibility and availability of alcohol to the community in the City of Armadale.	<ul style="list-style-type: none"> <li>Assess liquor licensing applications (Section 39 and 40) and other applications to include potential public health impacts on the community to reduce alcohol related harm in line with City's Alcohol Risk Minimisation Policy and the <i>Liquor Control Act 1988</i>.</li> </ul>
Promote and encourage club development opportunities to sporting clubs and community organisations that encourage and facilitate the implementation of healthy sporting environments.	<ul style="list-style-type: none"> <li>Disseminate resources, information, programs (e.g. Good Sports) and external funding opportunities to support the implementation of healthy strategies, sponsorships and environments at sports clubs and community organisations.</li> </ul>
Promote and encourage safe and healthy environments that reduce the impacts of alcohol related harm.	<ul style="list-style-type: none"> <li>Participate in the implementation of actions of the Local Drug Action Group Armadale Canning and Gosnells Alcohol Action Plan 2019 -2022 (Revised edition) to raise awareness of the effects of drinking alcohol and secondary supply.</li> </ul>
Develop an advertising policy to restrict alcohol, tobacco and fast food advertising on City of Armadale owned infrastructure and assets.	<ul style="list-style-type: none"> <li>Policy developed and endorsed to reduce the availability of alcohol advertising on the City of Armadale owned infrastructure and assets.</li> </ul>



**Strategy: Promote opportunities and initiatives that positively influence community mental health and wellbeing.**

Action	Expected outcome
<p>Maintain a schedule of affordable community events and initiatives to promote and celebrate community cohesion and improve perceptions of safety.</p>	<ul style="list-style-type: none"> <li>• Continue to provide residents with local and major events that are free, accessible, activate spaces and focus on community arts.</li> <li>• Support the City's alcohol and smoke free community events policies by promoting the alcohol and smoke free components of events to community through promotional material, signage, and encourage the enforcement of these components through security guards.</li> </ul>
<p>Prioritise major event sponsorships that have a positive impact on healthy lifestyles.</p>	<ul style="list-style-type: none"> <li>• Continue to support and prioritise events that promote healthy lifestyles.</li> </ul>
<p>Work jointly with key stakeholders to identify and implement/support mental health promotion initiatives.</p>	<ul style="list-style-type: none"> <li>• Establish partnerships with key organisations to jointly plan/promote and/or offer mentally healthy activities and programs.</li> <li>• Partner with Mentally Healthy WA to promote positive mental health through City of Armadale activities using the Act Belong Commit messaging at local activities and events.</li> </ul>
<p>Provide a range of opportunities to develop a strong community spirit, create an active community life that is healthy and safe, respond to community need and listen and engage with community.</p>	<ul style="list-style-type: none"> <li>• Implement the actions outlined in the Community Development Strategy 2021–2026 to ensure:             <ul style="list-style-type: none"> <li>- Community grants are advertised, assessed and awarded to community groups</li> <li>- Service agreements are advertised, assessed and awarded to various service providers operating in the City of Armadale to address identified social priorities</li> <li>- Current network groups are coordinated to ensure information is shared, service gaps are identified, advocate to state and federal government departments, capacity building is available for members and that community and clients receive the best care and support available to them</li> </ul> </li> </ul>



**Strategy: Promote opportunities and initiatives that positively influence community mental health and wellbeing. (continued)**

Action	Expected outcome
<p>Support and build capacity with target populations in the City focusing on social priorities through inclusive practices.</p>	<ul style="list-style-type: none"> <li>• Implement the actions outlined in the Social Priority Action Plan 2021–2023 to address community concerns through exploring project/services in areas of concern.</li> <li>• Implement the actions outlined in the Access and Inclusion Plan to assist in ensuring that those living with disability have equal access to improve and maintain their health and wellbeing.</li> </ul>
<p>Respond to complaints regarding community members experiencing primary homelessness to assist in referring to a relevant agency or organisation for additional support and/or assistance.</p>	<ul style="list-style-type: none"> <li>• Complaints regarding people experiencing homelessness are effectively coordinated and managed by adhering to the City’s Homelessness Policy.</li> <li>• Develop mechanism to collect referrals.</li> <li>• Organisations providing support services to people experiencing homelessness are supported to operate in appropriate locations in the City.</li> </ul>
<p>Respond to hoarding complaints to ensure environmental health issues are investigated and where appropriate people needing additional support (e.g. mental health support) are referred to the relevant agency.</p>	<ul style="list-style-type: none"> <li>• Requests managed effectively and in a timely manner.</li> <li>• Community members are referred to appropriate support agencies and services, where relevant.</li> </ul>



**Strategy: Provide an environment that supports injury prevention and promotes safer communities.**

Action	Expected outcome
<p>Enhance the appeal of the Armadale City Centre as a healthy place to shop, to access services, to enjoy recreation, leisure and entertainment services and facilities and business.</p>	<ul style="list-style-type: none"> <li>• Encourage and attract new investment and development opportunities to the Armadale City Centre.</li> <li>• Police presence maintained in the City Centre to create a safe and inviting pedestrian space.</li> </ul>
<p>Identify and support community safety projects and community capacity and resilience.</p>	<ul style="list-style-type: none"> <li>• Continue to support Neighbourhood Watch initiatives to build community capacity.</li> <li>• Support and facilitate community cohesion and community safety initiatives in the community.</li> <li>• Foster community connection and promote personal and community safety through the delivery of the Growing our Neighbours program.</li> <li>• Offer workshops, safety audits and a safety incentives scheme to assist in reducing crime incidents and to improve perceptions of the City as a safe place to live.</li> <li>• Implement the Designing Out Crime Local Planning Policy to support crime reduction in the designing of communities.</li> <li>• Train key staff in Crime Prevention Through Environmental Design (CPTED) principles.</li> </ul>

## Objective 2: Provide environmental health protection for the community.

Strategy: Protect and enhance human health by reducing exposure to environmental health risks.	
Action	Expected outcome
Monitor and report on all publically accessible non-scheme drinking water sites and all aquatic facility waters to ensure water quality is fit for human uses.	<ul style="list-style-type: none"> <li>Water sampled and monitored regularly and adverse results from drinking water and aquatic facilities are addressed. Results are plotted to indicate areas of high risk and future investment.</li> </ul>
Minimise the impact of mosquito borne disease in the community through: educating residents and visitors to the City of the risks posed by local mosquito populations and the steps they can take to protect themselves, educating residents on ways they can prevent breeding around their home and provide an emergency response in the event of an outbreak of mosquito borne disease in the region.	<ul style="list-style-type: none"> <li>Continue to implement Mosquito Management Plan, maintenance and management of mosquito populations within the City through relevant trapping, interventions (e.g. treatment with larvicide) and community education.</li> <li>Continue to require mosquito management plans with new structure plans and/or subdivision applications in appropriate areas.</li> </ul>
Discourage the illegal dumping of rubbish and encourage residents to keep their City clean to reduce potential accumulation of pests and the spread of disease.	<ul style="list-style-type: none"> <li>Implement the actions outlined in the Waste Plan 2021–2025.</li> <li>Investigate alternative solutions for verge collections prior to the next verge collection tender to assist in reducing illegally dumped litter.</li> <li>Advocate on behalf of the community to State Government departments to provide support with clean ups and maintenance of natural bushland and reserves.</li> <li>Encourage community pride in taking care of their places and spaces through community campaigns (e.g. Keep Australia Beautiful/Adopt a Spot).</li> <li>Develop an anti-litter strategy and illegal dumping strategy with the inclusion for adopting the WALGA process for illegal dumping.</li> </ul>
Strategy: Administer public health legislation to minimise potential environmental health risks.	
Action	Expected outcome
Actively contribute by way of public submission to the Department of Health's Regulatory Review Program involving a review of all regulations adopted under <i>Health (Miscellaneous Provisions) Act 1911</i> and <i>Public Health Act 2016</i> .	<ul style="list-style-type: none"> <li>Advocate for relevant regulation review and increase the advocacy profile of City of Armadale.</li> </ul>
Implement the City's statutory responsibilities for providing health protection for the community, as legislated by the <i>Public Health Act 2016</i> , <i>Food Act 2008</i> , <i>Tobacco Products Control Act 2006</i> , <i>Environmental Protection Act 1986</i> and the <i>Health (Miscellaneous Provisions) Act 1911</i> , subsidiary legislation and local laws.	<ul style="list-style-type: none"> <li>Provide health protection for the community including:                             <ul style="list-style-type: none"> <li>- assessing and processing applications (such as food businesses, public buildings and effluent disposal),</li> <li>- risk assessment inspections (such as aquatic facilities, caravan parks and offensive trades),</li> <li>- samples collected for analysis (such as food and drinking water) and,</li> <li>- complaint investigations (such as noise and air quality).</li> </ul> </li> </ul>

**Strategy: Mitigate the impacts of public health emergencies through the management of environmental health risks that have the potential to affect the community.**

Action	Expected outcome
Provide support for the development and implementation of public health emergency management arrangements.	<ul style="list-style-type: none"> <li>● Environmental Health Emergency Management Support Plan developed.</li> <li>● Health Service Department to support the formalisation of the City's Local Emergency Management Arrangements.</li> <li>● Continue to comply with the State Government Pandemic Plan, inclusive of COVID-19.</li> </ul>
Reduce urban heat island effects to minimise the associated health impacts that occur as a result of extreme weather patterns.	<ul style="list-style-type: none"> <li>● Increase tree canopy cover within the City to provide shade and, to absorb heat to minimise the risk of heat related death and illnesses such as heat stroke, heat exhaustion and respiratory difficulties.</li> <li>● Implement the actions outlined in the Switch Your Thinking Business Plan in relation to community education and adaptation.</li> <li>● Implement the Landscape Feature and Tree Preservation Local Planning Policy to ensure preservation of trees in the City.</li> </ul>

**Strategy: Support and enhance communicable disease control measures, prevention and education within the community.**

Action	Expected outcome
Assist with minimising the harm associated with inappropriately discarded sharps (e.g. needles/syringes) in public places and spaces.	<ul style="list-style-type: none"> <li>● Monitor and report on number of call outs to dispose of sharps.</li> <li>● Monitor and report on the use of the Needle Syringe Disposal Unit program.</li> <li>● Implement initiatives to expand the Needle Syringe Disposal Unit program, where relevant.</li> </ul>
City to continue to support the WA AIDS Council Needle Syringe Exchange Program to minimise the risk of blood-borne virus (e.g. hepatitis/HIV) transmission in the community.	<ul style="list-style-type: none"> <li>● Support a harm reduction approach to minimising the risk of blood-borne virus transmission in the community along with reducing the number of inappropriately discarded sharps.</li> <li>● Continue to build relationships with clients to support better informed decisions, practices and health outcomes.</li> <li>● Continue partnership with WA AIDS Council to promote a harm reduction approach to minimise public health impacts.</li> </ul>
Encourage and promote childhood, influenza and COVID-19 vaccinations through City's socials and through community activities, projects and vaccination clinics.	<ul style="list-style-type: none"> <li>● Conduct immunisation campaigns in line with Department of Health messaging through City's socials and through community projects, programs and activities to increase community education and awareness regarding the importance of immunisations and vaccinations.</li> <li>● Increased community education and awareness regarding the importance of immunisations and vaccinations.</li> <li>● Increase vaccination uptake within the City.</li> </ul>



**Strategy: The Environmental Health Services team to continue to incorporate and promote health functions.**

Action	Expected outcome
<p>Increase the profile and external funding to the City of Armadale, promoting health and wellbeing as part of the City's core business.</p>	<ul style="list-style-type: none"> <li>• Identify appropriate awards programs and develop submissions.</li> <li>• Disseminate good news stories associated with the Community Health and Wellbeing Plan.</li> <li>• Coordinate data collection for annual reporting for the Community Health and Wellbeing Plan against the Health Services Business Plan and in accordance with the requirements of the <i>Public Health Act 2016</i>.</li> <li>• Promote the report across all City directorates and encourage them to contribute relevant activities.</li> </ul>
<p>Establish a Public Health Stakeholder network with the purpose of encouraging organisations to work together, reduce duplication and share information to assist in ensuring clients of represented organisations receive the best care available to them.</p>	<ul style="list-style-type: none"> <li>• Identify and engage appropriate health stakeholders.</li> <li>• Facilitate quarterly meetings.</li> </ul>
<p>City of Armadale to support staff health and wellbeing within the workplace.</p>	<ul style="list-style-type: none"> <li>• Health and Wellness Calendar of events developed.</li> <li>• Expand current staff health and wellbeing initiatives.</li> </ul>
<p>Provide training, education and support to Environmental Health Officers in preventive health, specifically nutrition, to enable them to speak with food businesses to provide suggestions and guidance on providing nutritious options.</p>	<ul style="list-style-type: none"> <li>• Appropriate education/training completed by identified staff.</li> <li>• All Environmental Health Officers complete a nutrition related short course.</li> </ul>
<p>Regularly consult and engage with community about City of Armadale health and wellbeing priorities at the end of each Public Health Plan.</p>	<ul style="list-style-type: none"> <li>• City engagement is run efficiently, and engagement is done in a planned and coordinated approach.</li> <li>• Projects are run more efficiently through an engagement platform. Data is collected more efficiently.</li> </ul>

## Objective 3: Improve and maintain Aboriginal and Torres Strait Islander health and wellbeing

Strategy: Promote and support initiatives that meet the cultural needs of Aboriginal and Torres Strait Islander people.	
Action	Expected outcome
Consider developing a Reconciliation Action Plan for the City of Armadale.	<ul style="list-style-type: none"> <li>• Improve health and wellbeing outcomes for the local Aboriginal and Torres Strait Islander community.</li> <li>• Improved relationship between Aboriginal and Torres Strait Islander community and the City of Armadale.</li> </ul>
Deliver localised cultural awareness training for all City of Armadale staff.	<ul style="list-style-type: none"> <li>• Improved relationship and interactions between the Aboriginal and Torres Strait Islander community and the City of Armadale staff.</li> <li>• Increased cultural awareness and understanding of staff.</li> </ul>
Strategy: Enhance the City's partnership with the local Aboriginal and Torres Strait Islander community.	
Action	Expected outcome
Consider the development of a Cultural Ambassador Program to assist the City and improve engagement with the Aboriginal and Torres Strait Islander community for relevant projects, programs and activities through a formalised process and group.	<ul style="list-style-type: none"> <li>• A formalised process is developed to recognise the contribution and internal and external exchange of traditional knowledge as a service.</li> </ul>
Deliver cultural education activities and events to reduce stigma and racism in the community.	<ul style="list-style-type: none"> <li>• External funding secured through grants, partnership development and/or corporate sponsorship.</li> <li>• Provide the community an opportunity to learn about Aboriginal and Torres Strait Islander history, culture and heritage through the delivery of cultural activities and events.</li> </ul>
Maintain a focus on Aboriginal and Torres Strait Islander health and wellbeing through the facilitation of health services and programs at the Champion Centre.	<ul style="list-style-type: none"> <li>• Continue with hot desking arrangement for external services including the collection of client statistical data where ethically possible.</li> <li>• Strengthen the Champion Centre's community hub model by coordinating external organisations to deliver primary health services at the Champion Centre.</li> <li>• Provide opportunities to learn new skills and build capacity in the community (e.g. cooking classes, family programs and workshops).</li> </ul>
Develop and implement the Trails Master Plan to promote and enhance the natural assets of the City to encourage tourism opportunities for visitors, physical activity opportunities for local residents and incorporate inclusions to support further educational opportunities for Aboriginal and Torres Strait Islander people.	<ul style="list-style-type: none"> <li>• Promoting the new and existing trails for visitors and local residents as both an opportunity for physical activity, increased cultural understanding and tourism.</li> <li>• Tourists and wider community are aware of sacred and significant sites and their importance to Aboriginal and Torres Strait Islander peoples to reduce damage to sites and increase awareness of local culture.</li> </ul>



**Strategy:** Ensure programs and services offered in the City of Armadale are accessible, equitable and respond to community need.

Action	Expected outcome
Coordinate the South East Metro Emergency Relief Forum.	<ul style="list-style-type: none"> <li>• Identify and deliver initiatives to meet community need.</li> </ul>
City of Armadale to continue to support and deliver initiatives that ensure healthy food is accessible, affordable and available to the community.	<ul style="list-style-type: none"> <li>• Continue to coordinate and deliver the Food Security Program at the Champion Centre.</li> <li>• Maintain the partnership with Foodbank WA to enable the Mobile Foodbank van to visit the Champion Centre and Armadale Arena locations weekly to ensure healthy and affordable food is available to the community.</li> </ul>
Identify Aboriginal and Torres Strait Islander controlled services that offer support to clients located within the City of Armadale.	<ul style="list-style-type: none"> <li>• Develop a digital resource directory to link community to relevant support services.</li> </ul>

## 7.0 References

- <sup>1</sup> ID Forecast (2021). *City of Armadale population forecast*. Retrieved from: <https://forecast.id.com.au/armadale>
- <sup>2</sup> East Metropolitan Health Service (2019). *City of Armadale Community Health Profile 2019*. East Metropolitan Health Service, Department of Health, Perth WA.





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