

## Useful References

[info@dsr.wa.gov.au](mailto:info@dsr.wa.gov.au)

[www.dsr.wa.gov.au](http://www.dsr.wa.gov.au)—  
Clubs—Filing Cabinet—  
Sample Alcohol Policy

[www.goodsports.com.au/](http://www.goodsports.com.au/)

*One reason I don't drink  
is that I want to know  
when I'm having a good  
time—Nancy Astor  
(1879–1964)*

City of Armadale  
Leisure Services  
Locked Bag 2  
Armadale WA 6992

Club Development Officer  
9399 0407

[www.armadale.wa.gov.au](http://www.armadale.wa.gov.au)

## Alcohol and Your Club

All sports clubs have an extremely social focus where the consumption of alcohol is a familiar activity to many clubs. Clubs need to encourage responsible drinking.

- Adhere to all Service of Alcohol laws—no alcohol to be sold to, or provided to those under 18.
- Adhere to the terms of your liquor license.
- Servers of alcohol must have attended the Responsible Service of Alcohol course.
- Construct a Consumption of Alcohol Policy.
- The Club Management are ultimately responsible for the welfare of its members. Be prepared to take serious steps to prevent irresponsible behaviour e.g. drinking and driving.
- The use of glass free containers is also encouraged.

### Handy Hints

- It is not advisable to provide alcohol as a reward or payment for performance.
- Conduct an education course for your members; particularly younger members regarding the effects of alcohol on performance and recovery.
- Try to avoid providers of alcohol as sponsors.
- Consider having a drink free zone in your club in consideration for non-drinkers and families.
- Provide signage reminding members of responsible drinking.
- Provide plenty of options such as light or mid strength alcohol, nonalcoholic drinks and fresh water.
- Provide food to accompany alcohol consumption.
- It is not effective hydration or recovery for your players to use alcoholic drinks as a post game thirst quencher.